

Curriculum Vitae

Dr. Amanda R. Aguilar

Assistant Professor of Sport & Fitness Management
Department of Kinesiology

The University of Alabama in Huntsville

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PROFESSIONAL PREPARATION

2021 EdD. in Kinesiology

University of North Carolina at Greensboro

Dissertation Committee: Dr. Diane Gill (*chair*), Dr. Erin Reifsteck, Dr. Adam Berg

Dissertation Title: *Sports Specialization and the Family: Examining the Effects Outside the Lines*

2007 **M.S.** Health & Human Performance with a concentration in Sports Administration,
Northwestern State University; Natchitoches, LA

2006 **B.S.** Psychology,
Northwestern State University; Natchitoches, LA

PROFESSIONAL EXPERIENCE

August 2023- present

- *The University of Alabama in Huntsville* *Huntsville, AL*
Assistant Professor of Sport & Fitness Management, Department of Kinesiology

Courses Taught:

- Sociology of Sport (SFM 383)
- Introduction to Sport Management (SFM 265)
- Recreation Administration (CFC 461)
- Women in Sport (SFM 385)
- Current Trends in Sport & Fitness Management (SFM 443)

Department Service

- Alumni Outreach Committee (2023-present)
- Internship Committee (2023-present)

August 2021 - May 2023

- *East Texas Baptist University* *Marshall, TX*

Assistant Professor, Department of Kinesiology
Program Director: Kinesiology-Wellness Management (B.S.)

Courses Taught:

- Online Lifetime Fitness (KINE 1238W)
- Lifetime Fitness (KINE 1238)
- Introduction to Kinesiology (KINE 1301)
- Lifespan Motor Development (KINE 2303)
- Techniques of Coaching Sports (KINE 3309)
- Concepts of Personal Health and Wellness (KINE 3310)
- Research Methods (KINE 5312)
- Sport Management and Marketing (KINE 5302)
- Principles of Advanced Human Performance (KINE 5305)
- Sport and Exercise Psychology (KINE 5304)

University Service:

- Institutional Review Board (IRB) Committee (2022-present)
- Teaching and Learning Committee (2022-present)
- Advising students
 - Advise 30-40 students per semester pursuing degrees in Kinesiology-Wellness Management, Rehabilitative Science, Sport Management, and Kinesiology-Physical Education All Level EC-12 BSE.

August 2013- May 2021

- *East Texas Baptist University* *Marshall, TX*
Adjunct Instructor, Department of Kinesiology

August 2010-May 2021

- *Lamar University* *Beaumont, TX*
- **Online Adjunct Instructor**, Department of Health & Kinesiology

August 2010-May 2013

- *Ruston High School,* *Ruston, LA*
- **Assistant Girls Basketball Coach**

August 2008-August 2010

- *Lamar University, Beaumont, TX*
- **Instructor**, Department of Health & Kinesiology
- Coordinator of Activity Program
- College Service
 - Educator Hall of Fame Committee
- Department Service includes:

- Standardization of Activity Program
- Writing Committee
- Pedagogy Position Search Committee

August 2007- June 2008

- *Western Hills Elementary,* *Temple, TX*
- **3rd Grade Teacher**
- Duties consisted of teaching Math and Science

August 2007-June 2008

- *Temple High School,* *Temple, TX*
- **Assistant Girls Basketball Coach**

August 2006- May 2007

- *Northwestern State University,* *Natchitoches, Louisiana*
- **Graduate Assistant**

CERTIFICATIONS

- Certified Quality Matters Reviewer (2015- present)
 - QM is a nationally recognized, faculty-centered, peer review process designed to certify the quality of online course design and online components.
 - Applying the QM Rubric (APPQMR) Completed October 2015
 - Peer Reviewer Course (PRC) Completed December 2015
 - QM Rubric Update Sixth Edition Completed June 2018
- Research Training Ethics Curriculum (2022-present)
- CITI Training (2018-present)

PRESENTATIONS

- **Aguilar, A.,** Kyle, D., Elliot, J. *Striving for Disability Awareness: Is it Working?* Session to be presented at the 2024 Commission on Sport Management Accreditation (COSMA) conference in Montgomery, AL February 1-2, 2024
- **Aguilar, A.,** Kyle, D., Zaharia, N., Elliot, J. *Expanding Beyond Our Kinesiology Department: Identifying & Implementing Diverse Opportunities Through Relationships.* Educational session to be presented at the 2024 National Association for Kinesiology in Higher Education (NAKHE) conference in Phoenix, AZ January 3-5, 2024.
- **Aguilar, A.,** Gill, D.L., Reifsteck, E., & Berg, A. *Sports Specialization and the Family: Examining the Effects Outside the Line with Parental Interviews.* Poster to be presented at: 38th Annual Conference of the Association for Applied Sport Psychology in Orlando, FL October 18-21, 2023

- Gill, D.L., Griffin, L., Exford, T.J., Woelfel, I. & Gaddy, M. (also D. Brooks, **Aguilar, A.**, Aguilar, A., M. Villalobos – not attending) (2023, January). *Passing the Baton: Voices from a New Generation of KIN Faculty*. Panel Presentation at the National Association for Kinesiology in Higher Education, New Orleans, LA.
- **Aguilar, A.**, Gill, D.L., Reifsteck, E., & Berg, A. *Sports Specialization and the Family: Examining the Effects Outside the Lines*. Poster to be presented at: 37th Annual Conference of the Association for Applied Sport Psychology in Fort Worth, TX October 26-29, 2022
- **Aguilar, A.** & Gill, D.L. (2020 Oct 21-24). *The effects of sports specialization on the family unit*. Poster presented at: 35th Annual Conference of the Association for Applied Sport Psychology; Presented Virtually due to COVID.
- Gill, D., Schlosser, T. Edkins, S., Justice, B., Rosiek, M., Rockey, C. & **Aguilar, A.** (2019, January). *The EdD in Kinesiology: A Doctoral Program for Scholarly Professionals*. 2019 National Association for Kinesiology in Higher Education (NAKHE) National Conference.

PUBLICATIONS (Peer-Reviewed)

- (Article in-preparation) **Aguilar, A.** & Gill, D.L. *Sports Specialization and the Family: Survey Results*
- (Article in-preparation) **Aguilar, A.** & Gill, D.L. *Sports Specializations Effect on the Family Unit: A Pilot Study*
- Aguilar, A. R. (2021). Sports specialization and the family: Examining the effects outside the lines (Publication No. 28547678) [Doctoral dissertation, University of North Carolina – Greensboro]. ProQuest Dissertations & Theses Global.

PUBLICATIONS (Non Peer-Reviewed)

- (Blog) (2023) Aguilar, A. *Sports Specialization and the Family: Examining the Effects Outside the Lines*. Association for Applied Sport Psychology (AASP) Blog for Athletes, Coaches, and Parents.
<https://appliedsportpsych.org/blog/2023/12/sport-specialization-and-the-family-examinin-g-the-effects-outside-the-lines/>
- (Report) (2021) **Aguilar, A.** *A Parent's Guide to Family Functioning in the Specialization Environment*. Dissertation study results to participating parents
- (Newsletter) (2021) **Aguilar, A.** *A Parent's Guide to Family Functioning in the Specialization Environment*. Condensed version of dissertation parent report. Created for the Michigan High School Athletic Association (MHSAA) as a resource for their “Benefits of Multi-Sport Participation” outreach.
<https://www.mhsaa.com/portals/0/Documents/health%20safety/family%20functioning.pdf>

PROFESSIONAL MEMBERSHIPS

- Association for Applied Sport Psychology (AASP) 2019- present
- National Association for Kinesiology in Higher Education (NAKHE) 2019- present
- North American Society for the Sociology of Sport (NASSS) 2022- present

PROFESSIONAL SERVICE

- National Committee Service
 - National Association for Kinesiology in Higher Education (NAKHE)
 - Nominations and Elections Committee (2023-present)
 - Association for Applied Sport Psychology (AASP)
 - Youth Sports Special Interest Group (2022-2023)
- Dissertation Committee Service
 - 2023-Present: T.B.- The University of North Carolina Greensboro
- University Committee Service
 - The University of Alabama in Huntsville
 - Dept of Kinesiology Assistant Professor of Sport & Fitness Management Hiring Committee (2024-present)
 - Internship Committee (2023-present)
 - Dept of Kinesiology Alumni Relations Committee (2023-present)
 - East Texas Baptist University
 - Institutional Review Board (IRB) Committee (2022-2023)
 - Teaching and Learning Committee (2022-2023)
 - Thrive Group Leader (2022-2023)
- Other
 - UAH Sport & Fitness Management Club Sponsor (Spring 2024-present)

PROFESSIONAL DEVELOPMENT

- *Upcoming*: 2024 NAKHE Leadership Development Workshop
- 2024 Commission on Sport Management Accreditation (COSMA) Annual Conference
- 2024 National Association for Kinesiology in Higher Education (NAKHE) Annual Conference
- 2023 Association for Applied Sport Psychology (AASP) Annual Conference
- 2022 NAKHE Leadership Development Workshop
 - Focus: developing positive leadership skills and how we as leaders can shape economically and environmentally sustainable kinesiology programs.
- 2022 Association for Applied Sport Psychology Annual Conference
- 2022 Yale University: The Science of Well-Being
- 2021 National Association for Kinesiology in Higher Education Annual Conference
- 2020 Association for Applied Sport Psychology Annual Conference
- 2019 National Association for Kinesiology in Higher Education Annual Conference

COMMUNITY INVOLVEMENT/SERVICE

- Huntsville, AL
 - Buckhorn Youth Athletic Association Basketball Coach (2023-2024)
- Beckville, TX

- o Beckville ISD Campus & District Needs Assessment Committee (2022-2023)
- o Beckville ISD Stakeholder Committee (2022-2023)
- o Co-Coordinator Beckville Little Dribblers Youth Basketball Program (2020-2023)

RELATED EXPERIENCE

- Division I Basketball player,
 - o Member of Northwestern State University women's basketball team from 2001-2005.

PROFESSIONAL AWARDS

- UNCG 2019-2020 Kate R. Barrett Student Professional Development Award
 - o Receiving the Kate R. Barrett Award allowed me to spend four days with Dr. Daniel Gould and the faculty at Michigan State University's Institute for the Study of Youth Sport learning more about their work with youth sport.
- NAKHE 2022-2023 Engaged Scholar Award Recipient
 - o Presented by the National Association for Kinesiology in Higher Education (NAKHE)
 - o Description: The purpose of the Engaged Scholar Program (ESP) is to encourage faculty to continue their professional development efforts and move toward full professor status in collaboration with a senior scholar within the NAKHE organization.

COURSES TAUGHT

- **In-Class**
 - o **The University of Alabama in Huntsville**
 - Sociology of Sport (SFM 383)
 - Recreation Administration (CFC 461)
 - Current Trends in Sport & Fitness Management (SFM 443)
 - o **Lamar**
 - Atypical Child (KINT 3350)
 - Growth & Motor Development (KINT 3370)
 - Kickboxing (PEGA 1277)
 - Strength Training (PEGA 1173)
 - Basketball (PEGA 2270)
 - Introduction to Physical Education (KINT 1301)
 - Movement Experiences for Young Children (KINA 3390)
 - Traditional Games (KINA 2372)
 - Health & Wellness (HLTH 1370)
 - Indoor/Outdoor Games (KINA 2370)
 - Non-Traditional Games

- o **ETBU**
 - Lifetime Fitness (KINE 1238)
 - Cross Training (KINE 1129)
 - Racquetball (KINE 1120)
 - Health & Fitness in the Elementary School (EDUC 3301)
 - Visual Arts & Motor Skills in the Elementary Classroom (EDUC 3305)
 - Introduction to Kinesiology (KINE 1301)
 - Motor Development (KINE 2303)
 - Concepts of Personal Health and Wellness (KINE 3310)
 - Techniques of Coaching (KINE 3309)

- **Online**
 - o **The University of Alabama in Huntsville**
 - Introduction to Sport Management (SFM 265)
 - Women in Sport (SFM 385)
 - o **Lamar**
 - Introduction to Physical Education (KINT 1301)
 - Motor Development (KINT 3370)
 - Atypical Child (KINT 3350)
 - Walking for Fitness (PEGA 1176)
 - Public and Consumer Health (HLTH 2374)
 - Health & Wellness (HLTH 1370)
 - o **ETBU**
 - Lifetime Fitness (KINE 1238W)
 - Research Methods (KINE 5312)
 - Principles of Advanced Human Performance (KINE 5305)
 - Sports Management and Marketing (KINE 5302)
 - Sport & Exercise Psychology (KINE 5304)

COURSES DEVELOPED/CONVERTED TO AN ONLINE FORMAT

- Introduction to Physical Education (Online Undergraduate)
- Indoor/Outdoor Games (F2F Undergraduate)
- Motor Control and Learning (Online Graduate)
- Lifetime Fitness (Online Undergraduate)

Awards & Recognition

Post Graduate Accomplishments

- 2010 Louisiana High School Athletic Association's Golden Torch Award Nominee
- Member of the Southland Conference's Women's Basketball 2000s All-Decade Team

Northwestern State University College Basketball (2001-2005)

- Athletic Accomplishments
 - 2004 NCAA Woman of the Year Nominee
 - 2-time All-Southland Conference (2004;2005)
 - 2004 All Louisiana First Team
 - 2005 All Louisiana Second Team
 - 2-time Southland Conference All-Tournament Team Selection (2004;2005)
 - 2004 Southland Conference Champions
 - 2004 Southland Conference Tournament Champions
 - 2004 NCAA Tournament Participant vs #1 seeded Duke Blue Devils
 - Member of NSU's 1,000point/500 rebound club
 - 2005 Fellowship of Christian Athletes Athlete of the Year
 - 2005 Lady Demon Award Winner
- Academic Accomplishments (College)
 - CoSIDA Academic All-District VI (2004); only individual from the Southland Conference and the state of Louisiana. The award comprises 6 states and is a stepping stone to Academic All-American Honors
 - 2004 Southland Conference Student-Athlete of the Year
 - 2-time First Team All SLC Academic Team (2004; 2005)